

About the Author

DEBRA SCHILDHOUSE



Born and raised in Cincinnati, OH, author Debra Schildhouse grew up in a close-knit, loving family. She met her husband, Howard, while attending the University of Cincinnati. Relishing a traditional marriage, she became a stay-at-home mom, raising two children, Jill and David.

After watching the movie "[Resurrection](#)," starring Ellen Burstyn as a hands-on healer, Schildhouse became fascinated with the subject. She began "healing" friends and family by willing warmth and energy into her fingers. The technique failed her when she needed it most. In 2009, her daughter was struck by a mysterious, debilitating illness. After her daughter recovered, she was desperate to find a technique that she could count on, so she'd never have to feel so helpless or hopeless again. Her search ended when she discovered Bio-Touch.

In 2010, Schildhouse became a Certified Practitioner of Bio-Touch and joined the other volunteers as a staff member at the Bio-Touch Center in Tucson, Arizona. There, she has given hundreds of Bio-Touch sessions on a donations-only basis. Schildhouse also sits on the Board of Directors of the International Foundation of Bio-Magnetics (IFBM), the educational arm for the [Bio-Touch organization](#), and writes web content, blogs, newsletters, and articles for IFBM. **BIO-TOUCH: Healing With The Power In Our Fingertips** (Select Books; \$16.95) is her first book. For more information, visit: <http://www.debraschildhouse.com/>